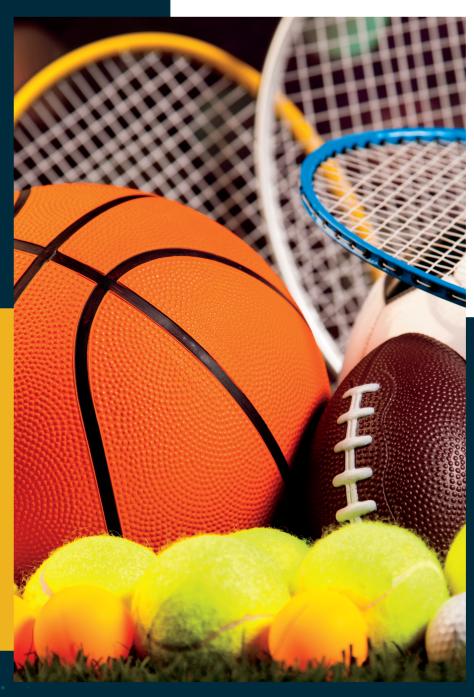


2023



PARENT/STUDENT ATHLETIC HANDBOOK











Table of Contents

Philosophy of Student Athletics	1
CNUSD Athletic Mission Statement	2
Guiding Principles	2
CNUSD Board Policy 6145 - Extracurricular Eligibility	3-7
Substance Abuse and Tobacco Policies	7
Steroid Prevention	8
Student-Athlete Participation Process	8-10
Student Athletic Code	11-17
CIF Condensed Eligibility Rules	18-19
Tryouts, Team Selection, and Playing Time	19-20
Tryouts for Athletes Currently Participating in a Sport	20
Lower Level (JV & Freshman) Philosophy	20
Advanced Athletic PE Class	21
Physical Education Exemptions	21
Fundraising	22
Multi-School Agreement	22
Transportation	23
Parent/Guardian/Fan Behavior	23
AB 1266 Gender Identification and Participation	23
Coach/Student-Athlete/Parent Communication	24

Communicating Concerns/Complaints	24-25
Dismissal From Team	25
CNUSD Board Policy 5131.2 – Bullying and Hazing	26-28
Parent/Student-Athlete Behavior Expectations	29-31
16 Principles of Pursuing Victory with Honor	32-34
APPENDICES	
Appendix A – Code of Conduct for Parents and Student Athletes	36
Appendix B – CNUSD PE Exemption Form	37
Appendix C – AB 1266 Information	38-39

Philosophy of Student Athletics

The Corona-Norco Unified School District recognizes the importance of athletics as an integral component of a student's complete educational development. As such, we believe that all students should have an opportunity to participate in some form of interscholastic athletics and that such participation should encourage positive scholastic and social growth and achievement. All participants and teams will represent Corona-Norco School District in a positive manner and will reflect the dedication and hard work that will be required to compete and be successful.

It is the goal of the Corona-Norco Unified School District to emphasize the CIF Principles of "Victory with Honor" through competition in high school athletics at the highest levels. Coaches, athletes and parents should strive to develop a personal code of conduct consistent with the time-honored values of sportsmanship, scholarship, integrity, and a commitment to self and team in order to become exemplary representatives of Corona-Norco Unified School District.

CNUSD Athletic Mission Statement

- **Provide** positive experiences for all student athletes through comprehensive athletic programs designed to support a rigorous academic environment.
- Promote team, school and community pride through competition of the highest level.
- Prepare each athlete to lead a meaningful and productive life through hard work, cooperation and competition.

Guiding Principles

- We believe that students are our highest priority.
- We believe an effective athletic program is an integral part of the high school experience.
- We will promote life-long skills, values, and traits regarding good sportsmanship, personal ethics and teamwork.
- ➤ We will strive for a safe athletic experience and environment for students, staff and community at all times.
- ➤ We believe positive parent/guardian support and involvement enhances student development and program quality.
- ➤ We believe open communication and respect among coaches, parents and athletes is an integral part of an effective athletic program.
- We believe highly qualified coaches and program administrators at each school and the district office are essential components to a successful athletic program.
- ➤ We will instill the C.I.F. principles of "Victory with Honor" through all of our athletic programs.
- > We believe the profession of coaching is the profession of teaching.
- ➤ We will strive to provide our athletic programs with quality facilities to enhance a positive athletic experience.

CNUSD Board Policy 6145 Extracurricular Eligibility Requirements, Grades 7-12

Student participation in extracurricular activities, grades 7-12, will meet existing State and local eligibility standards relating to the specific organization, such as California Interscholastic Federation (C.I.F.), organization or club bylaws, and School District administrative guidelines. These standards will not apply to scheduled classes which include, as a part of their curriculum, student participation in activities and performances outside of the regular classroom schedule required for grading purposes. Minimum scholarship requirements for participation in all extracurricular activities in grades 7-12 will be as follows:

- ➤ Students must have achieved a 2.0 grade point average in enrolled classes during the previous regular grading period, (i.e., first and third quarters; first and second semesters; and first, second and third trimester). In addition, a student must pass a minimum of four classes during the previous grading period.
- > Students must not have received more than one "U" (unsatisfactory) in citizenship in the previous regular grading period.
- ➤ Students shall be enrolled for a minimum of four (4) periods in the school for which eligibility is to be granted and must attend at least four (4) periods or its equivalent on the day of the interscholastic activity.
- ➤ Students shall maintain satisfactory progress toward meeting graduation requirements, which is defined as earning an average of twenty-five (25) credits per semester or twenty- five (25) credits in the prior semester. Summer School credits shall apply to the second semester or third trimester of the prior year.

Students who are not eligible academically according to the rules stated above may obtain a one-time waiver of the academic requirement during their years in the Corona- Norco Unified School District if:

- 1. The student has achieved a passing grade in a minimum of four (4) classes; and/or,
- 2. If the student has no more than two (2) unsatisfactory citizenship marks in the previous grading period.

Consistency of standards and requirements will be maintained among district schools having the same grade levels, and between grade levels within a single school. For eligibility purposes only, Summer School grades may substitute for required courses, in the same department, taken the previous semester. Any elective course taken during Summer School may substitute for an elective taken the previous semester.

Students applying for participation or participating in any extracurricular activity who do not meet the eligibility requirements will meet with the school principal or designee to determine proper remediation and assistance to promote eligibility and participation in extracurricular activities.

Each student shall be entitled to a one-time waiver of eligibility requirements. All requests for waivers shall be made in advance of the time when the activity of interest begins or within five (5) days of notification of ineligibility for extracurricular activities in which a student is currently participating. No student shall receive more than one (1) waiver during his/her high school career.

Students in grades 7-12 will be eligible to participate in extracurricular activities if during the previous regular grading period they maintained a 2.0 GPA, and earned no more than one (1) "U" in citizenship. Students with a verified truancy from class(es) become ineligible for the next extracurricular, interschool activity.

A. Notification of Eligibility

Students in grades 7-12 will be eligible to participate in extracurricular activities when they meet the requirements of Board Policy 6145. Eligibility/ineligibility shall occur on the first school day following the school-wide distribution of grades.

To assist in identifying students' eligibility status, the following steps shall be taken:

- 1. Management Information Services shall provide each school with a list of all students who are ineligible following each grading period, including their GPA and citizenship status.
- 2. Site staff shall immediately notify students' parents of student ineligibility.
- 3. Ineligible students are not permitted to wear the uniform/attire of the team/club/squad at extracurricular activities.

B. Waiver (One time only)

Please note that per CIF rules, the waiver does not apply to student-athletes who are new to Corona-Norco Unified School District.

Students who are not eligible, but wish to participate in an extracurricular activity, may request that their eligibility status be reviewed by the school principal or designee. The principal or designee shall make recommendations to the student and parent regarding remediation and support to assist the student's becoming eligible or may grant a one-time only waiver upon the request of the parent and student. No future waivers may be granted under any circumstances.

C. Extracurricular Activities

Extracurricular activities shall include, but not be limited to:

- > Athletics
- > Cheerleading
- ▶ Pep Squad
- Dance Team
- Associated Student Body (ASB)
- Drill Team

D. Summer School Grading Policy

Students who are not eligible but wish to enroll in a Summer School class or classes to regain their eligibility must follow the strict guidelines established by the California Interscholastic Federation – Southern Section (CIF-SS) as noted below:

To replace a grade obtained in a class during the previous (fourth quarter) grading period, the student must take the same class in Summer School (i.e., classes only a grade in algebra 2B taken in Summer School may replace an algebra 2B grade obtained in the previous grading period).

Classes taken in Summer School that are not "new work" (i.e., classes that have been taken in semesters prior to the previous grading period) will not count either for or against the student (i.e., repeating a language arts class taken two or more semesters ago, will have no effect on eligibility).

A class taken that constitutes new work will be considered an additional class and averaged with the classes taken during the previous grading period when determining the student's grade point average (GPA).

In no case will a Summer School class make a student ineligible who was previously eligible.

E. Intermediate School Student Eligibility

Students entering the high school from the intermediate school level who wish to participate in extracurricular activities must adhere to the same standards as do high school students (i.e., intermediate school students must have passed four (4) classes with a 2.0 grade point average and have received no more than one (1) "U" unsatisfactory citizenship mark).

Substance Abuse and Tobacco Policies

The Corona-Norco Unified School District will not tolerate the possession of alcohol or illegal drugs, or unlawful use of prescription drugs by its student-athletes in any context and is committed to a drug free environment.

The California Department of Education and School Board policy both prohibit the use of tobacco products on any school campus or at a school event. This includes the use of "chew" type products.

Steroid Prevention

Coaches of all athletic teams will include steroid information in the preseason meeting to emphasize the following:

- Concerns for health and safety
- Consequences for use, possession, or distribution
- Health risks
- Ethical Fair play issues

Student Athletic Participation Process

The student-athlete and his/her parent/guardian must complete an online paperwork process and be "cleared" by the Athletic Administrator before any tryouts, practice, participation, or play. This process includes a physical by a medical doctor (MD), Doctor of Osteopathic Medicine (DO), or Physician Assistant (PA), emergency phone numbers and other pertinent emergency information, releases for medical care, waiver or liability, insurance verification and an "Informed Consent" form. All this information must be checked by the Athletic Director prior to the student being "cleared". After the Athletic Director verifies that all the information has been successfully completed, then Athletic Clearance will be issued.

Athletic Clearance

Once all online documents have been verified by the Athletic department, coaches and the player will be notified they are clear to participate. The coach will **NOT** allow a student-athlete to try out without approval from the Athletic Department.

Athletic Clearance Online Process

This is an extremely important part of the process, that both the parent and the athlete sign the online forms stating that they are aware of the inherent risks involved in athletic participation. The Athletic Director reviews this as part of the "clearance process". These required documents include the following items:

> Insurance

California State Education Code requires that all student-athletes must have accidental medical insurance. This insurance must stay current throughout the entire season. There are low-cost insurance policies available to students and their families. Athletes and families will be expected to verify personal insurance with the Athletic department prior to each season of sport.

Informed Consent

The parent/guardian and student signatures in this section imply that both parties are aware of the risk inherent in the student's participation in interscholastic athletics. Be aware that a parent/guardian cannot sign away a child's rights.

Personal Medical History

The parent/guardian and student signatures in this section imply that both parties have participated in an acknowledgement of the student's medical history.

Student Physical Examination

This section requires the signature of a medical practitioner as to the physical well-being and ability of the student to participate in extracurricular athletic activity. In California, a physical examination is valid for a period of one (1) year from the date it was given.

Emergency Waiver and Transportation Information

This is a separate online form found and will have all of the emergency information that the coach must have in case of injury. The parents MUST sign a statement authorizing emergency medical care and list any medical concerns. This information MUST BE WITH THE COACH AND TEAM AT ALL TIMES. THIS IS A HIGH LIABILITY ISSUE. The Emergency Waiver Form will be issued to the coach at the beginning of the season. The transportation portion of the form gives the school authorization to transport the student-athlete to the site of contests.

Athletic Trainers/Medical Treatment

All CNUSD Comprehensive high schools have certified Athletic trainers at their disposal. Should any athlete become injured during the course of athletic competition (practice or game contests) they are expected to follow the following protocol:

- Notify the coach immediately. The coach is the first point of contact when any injury is sustained by an athlete and will help assess the next steps of treatment.
 - Next steps if necessary
 - Go see the athletic trainer. If circumstance allow, the athletic trainer should be seen as soon as possible to assess the next steps of treatment.
 - Make sure you tell your parents/guardians. The athletic trainer or your parents/guardians may feel you need to seek medical attention off campus. Should this be the case please remember that once you are seen by a Physician you cannot return to practice or game competition until a signed note from the physician is returned to the Athletic Department stating, "released without restrictions".

STUDENT ATHLETIC CODE

(Est. 1995)

Athletics at CNUSD schools shall be governed by the CIF Southern Section Blue Book Rules and Regulations as well as by Corona-Norco Unified School District Rules and Regulations and the High School Athletic Code. Athletes shall be directly responsible to the head coach and his/her assistants. Student participation on any high school athletic team is entirely voluntary and considered a privilege. It is therefore assumed that the student wishes to do whatever is necessary to make the team more successful. The following are general responsibilities of the athlete.

I. Applicability

a. Team Rules

Athletes shall follow all team rules set forth by the coach and this Athletic Code.

b. Pre-Participation

Prior to participation, an athlete shall:

- Complete proper athletic clearance procedures which include:
 - a. Online Registration, Insurance Certification, Athletic Code Acknowledgement, Student Health History, and Physical, Concussion Protocols and Procedures, Steroid Prohibition Statement, CIF Victory With Honor Code of Conduct
 - b. Emergency Medical Care Authorization Card/Transportation Information

II. Conduct and Behavior

a. Representation of CNUSD

As athletes at CNUSD high schools, you are representing yourself, parents, school, and community and are expected to conduct yourself properly at all times. Misconduct by the athlete shall not be condoned. For example, conduct which is criminal or socially unacceptable and for which criminal penalties might result is cause for action under this Code.

b. The Athletic Code

The Athletic Code is in effect throughout the entire calendar year. Athletes are responsible for compliance whether they play during one or all seasons of sport: Fall, Winter, and/or Spring.

c. Training Rules

It is generally accepted that good training includes adequate rest, diet, health habits, and self-discipline.

d. Alcohol, Drugs, and Tobacco

One of the most rigid training rules is the "no smoking-no drinking" rule. Mere possession, consumption, or other use of alcohol, illegal drugs, or tobacco in any form constitutes a violation of this Code. Illegal drugs are defined as behavior modifying chemicals not duly prescribed by a physician in the course of treating the student.

e. Criminal Acts

Athletes who conspire to become involved in acts defined as criminal by statue are subject to discipline under this Code.

f. Violation of School Discipline Policy

Athletes are expected to display behavior in the classroom and on campus that is exemplary and an example for all students to follow.

g. Infractions

Athletics affords a unique opportunity to modify behavior and lend a helping hand to students in need of such attention. Rule infractions shall be dealt with in the following manner by the Athletic Department, keeping the "rights" and "due process" of the student-athlete of supreme concern. A conference involving the athlete, parent, head coach, and the Athletic Administrator shall be held as soon as practical. Discipline will be determined based upon the severity of the violation and may include up to and including, extra workouts, temporary suspension from the squad, or immediate removal from the team.

III. Miscellaneous

a. Attendance

- Athletes are expected to attend all their classes on a regular basis.
- ii. Athletes are expected to notify their coach prior to any absence from practice and/or games.

b. Appearance

- i. Athletes are expected to dress neatly and keep well groomed.
- ii. Dress on the day of a contest may be determined by the coach.

c. Awards

- i. The coach will establish standards by which all award winners are selected.
- ii. CNUSD and the Athletic Department impose the additional requirement that an athlete must finish the season, including possible playoff competition, in good standing in order to qualify for an award.

d. Dedication

- i. An athlete must be willing to dedicate himself/herself to sports. The athlete should be aware that nothing worthwhile is accomplished without hard work, application, and a sincere desire to succeed.
- ii. The athlete must also realize that he/she must work "out of season" as well as during the time he/she competes.
- iii. He/she must also be willing to sacrifice his or her own personal desires for the good of the group or team.

e. Accident Insurance

- i. California State Law requires that every student who wishes to tryout or participate in athletics be covered by personal health insurance. The school district does not provide insurance for students in the district. Personal Insurance is available through various vendors not associated with Corona-Norco Unified.
- ii. Parents and students should be aware that Corona-Norco Unified School District is not promoting any specific insurance provider for student athletes. Rather, parents are encouraged to explore their options that best meet the needs of their student athletes and their families.
- iii. In any event, the important fact is that this insurance is purchased by the family for the student and is not provided for the student by the school district. Some students may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. Information about these programs may be obtained by calling the Healthy Families and Medical Programs Information Line at 1-800-880-5305.

f. Language

Anyone associated with high school athletics shall use language which is socially acceptable. Profanity or vulgar talk will not be tolerated on or off the playing field at any time.

g. Letter Requirements

Because of the differences in many sports, each coach sets his/her own letter requirements. The Athletic Department imposes two requirements that an athlete must meet to qualify for a letter as well:

- i. The athlete must finish the season in good standing. This would include playoff contests should they be earned by the team as determined by league play.
- ii. The athlete must have turned in or accounted for all equipment checked out to him/her.

h. Quitting a Sport

The head coach may or may not allow a player that has quit the team to return (Coaches Discretion). Athlete(s) who quit a team or athlete(s) that may be reinstated after quitting, may lose all rights of a team member including, but not limited to, awards or post-season honors. Athletes who quit a team, may not go out for another sport until the season of sport which they quit is complete.

i. Residential Eligibility

Any student who is planning to move, or has recently moved, or whose parents or guardians have moved, must notify the Athletic Administrator's Office for CIF information on his/her eligibility status.

j. Respect

The athlete is to show respect for all coaches, teachers, officials, spectators, their parents, school facilities, and equipment at home and away.

k. Responsibility for Equipment

Athletes shall assume responsibility for athletic equipment issued to them and will be expected to pay for equipment not returned.

An athlete will not receive team awards or letters unless he/she has:

- Checked his/her equipment in and been cleared by his/her coach.
- Paid for lost, stolen, or damaged equipment.

I. ASB Card

An ASB card is not required for a student to participate in any CNUSD-sponsored sport. It is highly recommended that all student-athletes purchase an ASB card.

m. Scholastic Eligibility

An athlete must earn a Grade Point Average (GPA) of 2.0 or better in all classes attempted. Only one PE class and/or student aide class may be included. If an athlete has failed to achieve the required GPA or has received more than one unsatisfactory citizenship mark, the athlete will become scholastically ineligible until the next grading period in which passing grades are made. Periods of eligibility shall be equal to periods of ineligibility for the purpose of this rule. CNUSD Board of Education policy does allow for a one-time waiver of the grade requirement provided certain guidelines are met.

n. Seasonal Participation

Athletes cannot change from one sport to another except with the approval of both coaches and the Athletic Administrator. When an athlete quits or is dropped for disciplinary reasons, he/she may not try out for another sport until the previous sport season has ended, including any participation by a team in CIF Southern Section playoffs.

o. Acknowledgement

Students who wish to participate in athletics at CNUSD high schools must certify-online and have his/her parent or guardian certify-online indicating they have read and understood this Code. If further explanation is desired, please contact the Athletic Administrator. The student and his/her parents or guardian thereby acknowledge responsibility for actions under this Athletic Code. It is understood that the athlete agrees to uphold this Athletic Code for one calendar year from the date of signing.

p. Artificial Noisemakers

CIF Rule 1228 prohibits the use of artificial noisemakers at any athletic related contests. No noisemakers (horns, bells, victory bells, sirens, chimes, musical instruments other than those used in the band, etc.) will be permitted inside the gymnasium, stadium or playing fields at any CIF Southern Section contest (non-league, league, tournament, or playoff). Cheering devices such as wooden blocks, or other similar objects, are prohibited. Megaphones shall be used only by uniformed cheerleaders for the purpose of directing rooting sections. The improper use of any of the above listed devices by supporters of a team would subject that team to possible forfeiture of the contest.

CIF SOUTHERN SECTION CONDENSED ELIGIBILITY RULES

(Ask your Athletic Administrator for more information)

STUDENTS, TO PROTECT YOUR ATHLETIC ELIGIBILITY YOU MUST:

- ➤ Be less than nineteen years of age prior to a June date as determined by CIF.
- Have reached the ninth grade.
- Participate in no more than four seasons of the same sport after enrolling in the ninth grade.
- Be scholastically eligible.
- > Since entering the ninth grade, not be in your ninth semester of attendance.
- > Meet citizenship requirements.
- Maintain amateur standing.
- ➤ Not have participated in any tryout for a professional team.
- Maintain in your school files an annual physical examination certifying that you are physically fit to try out and/or participate in athletic activities.

YOUR ELIGIBILITY IS SUBJECT TO SPECIAL RULES:

- Competition with an outside team during your high school season in the same sport is prohibited.
- ➤ Participation of the varsity football team is prohibited until you have reached your 15th birthday. (14 with a letter from your physician, parent, and coach).
- ➤ If you transfer from one school to another without a bona fide change of residence by your parents/guardians, your eligibility is subject to special rules which may include non-participation at the varsity level.
- ➤ SPECIAL NOTE: The rules and regulations listed here represent only a summary of all State CIF and Southern Section rules and regulations. You are urged to check with your principal, Athletic Administrator, or coach if you have any questions regarding your eligibility. Competing for your school team when you are not eligible could subject your team to forfeiture. If you are in doubt as to your eligibility status: CHECK IT OUT!

RESIDENTIAL AND TRANSFER ELIGIBILITY

(These are only a few of the highlights, ask your Athletic Administrator for more information)

- ➤ A student has residence eligibility upon initial enrollment in the ninth grade. That school then becomes his/her "school of enrollment".
- ➤ A bona fide change of residence from one school attendance area to the attendance area of the new school by the parents or legal guardians with whom the student was living when the student established their initial "school of residence".
- ➤ If a student transfers without a bona fide change of residence, the student may be restricted in any sport they participated in at their old school. The CIF may grant eligibility if their hardships which were outside the control of the student and were cause for the move.
- ➤ Any student who transfers for the first time since their initial enrollment in the 9th grade in any school, and whose circumstances causing the transfer do not meet any of the Hardship Exceptions may become eligible for varsity competition for the sport(s) in which they competed in the last twelve months at the former school or any other school after a "Sit Out Period", subject to review and approval by the CIF Southern Section.

Tryouts, Team Selection and Playing Time

Every student who wishes to tryout or participate in Athletics in the Corona-Norco School District must have an approved online Athletic Clearance on file with the Assistant Principal of athletics before such tryout or participation occurs (See Appendix A).

Unfortunately, there is no guarantee everyone will make a team. Students and parents should know that team selection and playing-time decisions are the sole responsibility of the coaches. The number of athletes on each team will vary from sport to sport. If you do not make a team and are concerned, please make an appointment to discuss the issue with the appropriate coach.

An athlete that has not been selected on a roster may not practice with a team. An athlete who has been selected for a team but is ineligible may practice and/or travel with the team (coaches' option) until they become academically eligible.

Corona-Norco Unified School District is committed to a fair and impartial evaluation and tryout procedure for all prospective student athletes. With this in mind, there shall be no written or implied requirement to participate in private camps, club sports or club teams as a condition of selection for the team.

Tryouts for Athletes currently participating in a sport

It is understood and encouraged that some students will wish to tryout and participate in multiple sports throughout the school year. Students who wish to participate in multiple sports must do the following:

- > Students must finish their current season of sport before they will be allowed to try out for another sport.
- Students and parents must complete and return to the Athletics office a new CNUSD Emergency card and Transportation permit.

Once the current season of sport has been completed, every effort will be made to ensure a fair and equitable tryout for each student wishing to compete in multiple sports. Students should contact each coach they are wishing to participate in or see the Assistant Principal of Athletics to facilitate this contact and ensuing tryout.

Lower Level (JV & Freshman) Philosophy

It is the goal of the Corona-Norco School District to provide athletic opportunities student athletes at the junior varsity and freshman levels. Student athletes and parents at this level are reminded that the overall academic, athletic, and personal growth of each student athlete is paramount.

Student athletes at these levels are encouraged to develop personal traits of hard work, perseverance, and teamwork through athletic participation.

Advanced Athletic PE Class

Many of our Athletic programs have an Advanced Athletic Physical Education class on campus. There are several factors that determine if such a class is available for students with the primary overriding concern being the Master Schedule of each individual school.

If such a class is available, students who are selected to participate in our athletic programs may be enrolled into the Advanced Athletic PE class. While enrollment in this class is encouraged to minimize academic time lost due to travel and scheduled contest times, it is NOT mandatory for students participating in any of our athletic programs.

There will be many programs where an Advanced PE class will not be available for a specific athletic program. Physical Education Exemptions are available to those students who qualify, please see the site Athletic department for more information.

Physical Education Exemptions

Physical Education Exemptions, Board Policy 6146.1 (See Appendix B) are available for those students who have been selected to participate in an athletic program where there is no Advanced PE class available. Students with academic schedules that will not allow for the enrollment in the Advanced PE class will also be eligible for a PE Exemption.

Per CNUSD policy, students are allowed one (1) PE exemption per academic calendar year. Please note that students who are eligible for a PE exemption will not receive a grade or earn any credits towards graduation.

PE Exemptions can be obtained from the head coach of the sport or the Athletics office at each school site. It is the student athletes' responsibility to return the completed PE Exemption to the Athletics office for final processing.

Fundraising

It is expected that all student athletes and their families will support fundraising efforts of each sport program as approved by the Corona-Norco School District. Fundraising is not mandatory, but each sport will have specific needs that can be accomplished if all participants work together towards these team goals. Most sports will have many separate and distinct fundraising opportunities for students and their families to participate in. You are strongly encouraged to get involved in these activities supporting your student athlete and the overall team.

Multi-School Agreement

The Corona-Norco School District has in place a Multi-School Agreement that allows students who wish to attend Lee Pollard, JFK Middle College, or the Academy of Innovation the option of participating in athletics at our comprehensive high schools. Please note that participation is limited to the specific high school which coincides with the student's residential address. Example: a student currently attending JFK Middle College who has a residential address within the boundaries of Corona High School must participate in athletics at Corona High School. Per CIF rules, students are not allowed to participate at schools outside of their residential boundaries.

Transportation

Athletic transportation will be provided for many of our athletic contests. Transportation may vary from sport to sport, contest start time or specific contest location. Students and parents are encouraged to speak with the Head Coach or Assistant Principal of Athletics regarding transportation policies and procedures.

As a general rule, parents/guardians are expected to transport their student to and from athletic contests to be held between Corona-Norco Unified schools which have a start time of 4pm or later. This procedure may vary from sport to sport and game to game.

It is strongly advised that students and parents/guardians communicate daily regarding picking up athletes promptly each day from practice or game contests.

Parent/Guardian/Fan Behavior

Corona-Norco Unified Schools are committed to upholding the principles of "Victory with Honor" as outlined by the CIF. Parents, guardians, and fans can have a positive impact on the athletic experience for everyone involved in high school athletics. Please remember that attendance at practice or game contests is a privilege and not a right.

Gender Identification Participation (AB 1266)

Corona-Norco Unified Schools are committed to upholding the tenets of AB 1266 as outlined within the framework of the California State Interscholastic Federation (CIF State). Please refer to Appendix D for further information on this topic.

Coach/Student Athlete/Parent Communication

All coaches will conduct a parent/player meeting to establish the foundation for positive communication and the management of the team. Coaches are expected to model professional communication with parents and student participants. Specifically,

- Provide a brief description of your program in hard copy to the parents
- Explain philosophy of the program
- Provide schedules for practices and contests
- ➤ Explain behavioral expectations including rewards, consequences and causes for dismissal.
- Explain procedure for voicing concerns and/or complaints
- Reiterate that each athlete and parent must sign the CIF Code of Conduct pledge as a condition of participation
- Provide an explanation of the fundraising policy and plan for the season

Communicating Concerns/Complaints

It is very difficult to accept your child not playing as much as you may hope. Coaches make difficult decisions based on what they believe is best for all students involved. Certain things can and should be discussed with the coach (playing time is NOT one of them). Other things must be left to the professional judgment of the coach. There are often situations that may require a conference between the coach and the parents. The student athlete will be invited and involved in these meetings. To resolve the problem, we must have everyone's help.

If there is a concern/issue:

Have your son/daughter talk to the coach one on one. (This is expected per the CIF Code of Conduct)

Parents MUST NOT confront the coach before or after a game.

Coaching is the profession of teaching and by nature coaches are teachers. A parent would not walk into a classroom during class time and yell at the teacher about a poor grade, so please do not confront the coach in public. There are proper ways to communicate and have your concerns addressed. Practices and games can be highly emotional times for everyone involved. Take the time to make an appointment to speak with the Head Coach.

Issues not appropriate to Discuss with the Coach:

- > Playing time
- Team strategy
- Play calling
- Other student-athletes

If the issue/conflict is not resolved, the student or parent(s) may take the following steps in this order:

- **Step I.** Contact the Head coach of the specific program. A conference either by phone or in person with involved parties will be expected.
- **Step 2.** Contact the Assistant Principal Athletics to address the situation. Please know that the Assistant Principal Athletics will gather all appropriate information with the attempt to resolve the situation.
- **Step 3.** Contact the Principal of the student's school. The Assistant Principal Athletics will assist in this meeting.

Dismissal from Team

It is the coaches' prerogative to dismiss students from the team if/when they fail to participate, disrupt practice, or contest experience of others, break team rules, compromise safety or violate school rules. Coaches should communicate with parents when problems occur and if possible, give a verbal warning about dismissal if such action is foreseeable. Consistent and clear communication with the Athletic Administrator during such issues will help alleviate confusion in most situations. Coaches must inform the Athletic Administrator of the intent to dismiss a player from the team in advance.

CORONA-NORCO UNIFIED SCHOOL DISTRICT BP 5131.2

*BULLYING

The Board of Education prohibits bullying at any location or activity under the jurisdiction of the school system. Any student who engages in bullying may be subject to disciplinary action up to and including expulsion, in accordance with applicable Board Policy and Education Code sections. In addition to disciplinary action, any student who engages in cyberbullying using the district network, or district-owned equipment on or off school premises, may have their user privileges revoked.

Students and/or staff shall immediately, or when it is safe to do so, report incidents of bullying to the principal or designee. Each complaint of bullying shall be investigated. If the complainant or the parent of the student feels that appropriate resolution of the investigation or complaint has not been reached, the student or the parent of the student should contact the Principal. Retaliatory behavior against any complainant or any participant in the complaint process is prohibited.

Teachers should discuss this policy with their students in age-appropriate ways.

Bullying Defined

Bullying includes verbal, written, physical conduct, or electronic communication, repeated over time, that causes or threatens to cause bodily harm, emotional suffering, creates a hostile learning environment, or disrupts the normal operation of a school, classroom, or school related activity.

These incidents will be acted upon when they are related to school activity, including but not limited to while students are on school grounds at any time, in route to and from school or a school-sponsored activity, during the lunch period whether on or off campus, or through social or electronic

communications that impacts a school activity or school attendance.

Bullying may include, but is not limited to making unsolicited written, verbal, physical and/or visual contact, including but not limited to:

- Direct physical contact such as hitting or shoving
- ➤ Verbal assaults such as teasing or name-calling, intimidating/threatening comments, slurs, innuendos, teasing, jokes, epithets, racial slurs, or spreading rumors
- ➤ Intimidating /threatening letters, notes, messages or electronic communications.
- Leering or gestures
- Socially isolating or manipulating a student
- Harassment of students or staff
- ➤ Intimidation, hazing or initiation activity
- > Ridicule
- > Extortion
- ➤ Making reprisals, threats of reprisals, or implied threats of reprisal
- > Engaging in implicit or explicit coercive behavior to control, influence or affect the health and well-being of a student
- ➤ Breaking into another person's electronic account and assuming that person's identity in order to damage that person's reputation or friendships.

^{*} For more information related to bullying, please see the Corona-Norco District website.

Hazing

What's the difference between hazing and bullying?

The difference between hazing and bullying is subtle. The same power dynamics are involved. The same intimidation tactics are used. The same second-class citizenship issues arise. The only real difference between bullying and hazing is that bullying can happen to anyone, anytime and is used as a means to exclude someone. Hazing is an instrument of including people by having them earn their way into a group, occurring only in the context of being new to an organization, team or group.

What is hazing?

Hazing is any action taken or situation created intentionally:

- > That causes embarrassment, harassment or ridicule
- Risks emotional and/or physical harm
- > To members of an group or team whether new or not
- Regardless of the person's willingness to participate

Parent/Student-Athlete Behavior Expectations



Pursuing Victory With Honor_{sm}

Code of Conduct for Student-Athletes

Interscholastic athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of sports is achieved when participants are committed to pursuing victory with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character_{sm}"). This Code applies to all student-athletes involved in interscholastic sports in California. I understand that, in order to participate in high school athletics, I must act in accord with the following:

TRUSTWORTHINESS

- > Trustworthiness Be worthy of trust in all I do.
- ➤ **Integrity** Live up to high ideals of ethics and sportsmanship and always pursue victory with honor; do what's right even when it's unpopular or personally costly.
- ➤ **Honesty -** Live and compete honorably; don't lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.
- > **Reliability -** Fulfill commitments; do what I say I will do; be on time to practices and games.
- > **Loyalty -** Be loyal to my school and team; put the team above personal glory.

RESPECT

- Respect Treat all people with respect all the time and require the same of other student-athletes.
- ➤ **Class -** Live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fallen opponents help, compliment extraordinary performance, show sincere respect in pre- and post-game rituals.
- ➤ **Disrespectful Conduct -** Don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- > **Respect Officials -** Treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

RESPONSIBILITY

- Importance of Education Be a student first and commit to getting the best education I can. Be honest with myself about the likelihood of getting an athletic scholarship or playing on a professional level and remember that many universities will not recruit student-athletes that do not have a serious commitment to their education, the ability to succeed academically or the character to represent their institution honorably.
- Role-Modeling Remember, participation in sports is a privilege, not a right; and I am expected to represent my school, coach, and teammates with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model. <u>Suspension or termination of the participation/privilege is within the sole discretion of the school administration</u>.
- > **Self-Control** Exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.

- ➤ **Healthy Lifestyle -** Safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco, drugs and performance-enhancing supplements or engage in any unhealthy techniques to gain, lose or maintain weight.
- Integrity of the Game Protect the integrity of the game; don't gamble.
 Play the game according to the rules.

FAIRNESS

➤ **Be Fair -** Live up to high standards of fair play; be open-minded; always be willing to listen and learn.

CARING

- Concern for Others Demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to myself or others.
- ➤ **Teammates -** Help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

CITIZENSHIP

- ➤ **Play by the Rules -** Maintain a thorough knowledge of and abide by all applicable game and competition rules.
- ➤ **Spirit of the Rules -** Honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

16 Principles of Pursuing Victory With Honor_{sm}

- 1. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."
- It's the duty of School Boards, superintendents, school administrators, parents and school sports leadership - including coaches, athletic administrators, program directors and game officials to promote sportsmanship and foster good character by teaching, enforcing, advocating and modeling these "six pillars of character."
- 3. To promote sportsmanship and foster the development of good character, school sports programs must be conducted in a manner that enhances the academic, emotional, social, physical, and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.
- 4. Participation in school sports programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules, and they must conduct themselves, on and off the field, as positive role models who exemplify good character.
- 5. School Boards, superintendents, school administrators, parents and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents and spectators.
- All participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
- The importance of character, ethics and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.
- School Boards, superintendents, school administrators, parents and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.

- 9. School Boards, superintendents, principals, school administrators and everyone involved at any level of governance in the CIF must maintain ultimate responsibility for the quality and integrity of CIF programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical, and ethical well-being of student-athletes is always placed above desires and pressured to win.
- 10. All employees of member schools must be directly involved and committed to the academic success of student-athletes and the character-building goals of the school.
- 11. Everyone involved in competition including parents, spectators, associated study body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student-athletes refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting and inappropriate celebrations.
- 12. School Boards, superintendents, and school administrators of CIF-member schools must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of:
 - a. The character-building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character.
 - b. The physical capabilities and limitations of the age group coached as well as first aid.
 - c. Coaching principles and the rules and strategies of the sport.

- 13. Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences should be made available to all our diverse communities.
- 14. To safeguard the health of athletes and the integrity of the sport, school sports program must actively prohibit the use of alcohol, tobacco, drugs and performance-enhancing substances, as well as a demand compliance with all laws and regulations, including those related to gambling and the use of drugs.
- 15. Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school's name or reputation. There should be no undue influence of commercial interests. In addition, sports programs must be prudent, avoiding undue dependency on companies or sponsors.
- 16. The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimensions of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring, and good citizens.

Appendices

Appendix A – Code of Conduct for Parents/Students



Pursuing Victory with Honor* Code of Conduct for Students/Parents/Guardians



Athletic competition of interscholastic age children should be fun and should also be a significant part of a sound educational program. Everyone involved in sports programs has a duty to assure that their programs impart important life skills and promote the development of good character. Essential elements of character building are embodied in the concept of sportsmanship and six core ethical values: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"_{SM}). The highest potential of sports is achieved when all involved consciously Teach, Enforce, Advocate and Model (T.E.A.M.) these values and are committed to the ideal of pursuing victory with honor. Parents/guardians of student-athletes can and should play an important role and their good-faith efforts to honor the words and spirit of this Code can dramatically improve the quality of a child's sports experience.

TRUSTWORTHINESS

- Trustworthiness Be worthy of trust in all you do.
- Integrity Live up to high ideals of ethics and sportsmanship and encourage players to pursue victory with honor. Do what's right even when it's unpopular or personally costly.
- Honesty Live honorably. Don't lie, cheat, steal or engage in any other dishonest conduct.
- Reliability Fulfill commitments. Do what you say you will do
- Loyalty Be loyal to the school and team; Put the interests
 of the team above your child's personal glory.

RESPECT

- Respect Treat all people with respect at all times and require the same of your student-athletes.
- Class Teach your child to live and play with class and be a good sport. He/she should be gracious in victory and accept defeat with dignity, compliment extraordinary performance, and show sincere respect in pre- and postgame rituals.
- Disrespectful Conduct Don't engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- Respect for Officials Treat game officials with respect.
 Don't complain or argue about calls or decisions during or after an athletic event.

RESPONSIBILITY

- Importance of Education Support the concept of "being a student first." Commit your child to earning a diploma and getting the best possible education. Be honest with your child about the likelihood of getting an athletic scholarship or playing on a professional level. Reinforce the notion that many universities will not recruit student-athletes who do not have a serious commitment to their education. Be the lead contact for college and university coaches in the recruiting process.
- Role Modeling Remember, participation in sport is a
 privilege, not a right. Parents/guardians too should represent
 the school, coach and teammates with honor, on and off the
 court/field. Consistently exhibit good character and conduct
 yourself as a positive role model.
- Self-Control Exercise self-control. Don't fight or show excessive displays of anger or frustration.

- Healthy Lifestyle Promote to your child the avoidance of all illegal or unhealthy substances including alcohol, tobacco, drugs and some over-the- counter nutritional supplements, as well as of unhealthy techniques to gain, lose or maintain weight.
- Integrity of the Game Protect the integrity of the game.
 Don't gamble or associate with gamblers.
- Sexual Conduct Sexual or romantic contact of any sort between students and adults involved with interscholastic athletics is improper and strictly forbidden. Report misconduct to the proper authorities.

FAIRNESS

 Fairness and Openness - Live up to high standards of fair play. Be open-minded, always willing to listen and learn.

CARING

 Caring Environment - Consistently demonstrate concern for student-athletes as individuals and encourage them to look out for one another and think and act as a team.

CITIZENSHIP

Spirit of the Rules - Honor the spirit and the letter of rules.
Teach your children to avoid temptations to gain
competitive advantage through improper gamesmanship
techniques that violate the highest traditions of
sportsmanship.

I have discussed this Code of Conduct with my student and we have read and understand the expectations of all Students, Parents and Guardians and acknowledge that I and/or my student may face disciplinary action if I and/or my student violate any of its provisions.

Student Signature	Date
Parent/GuardianSignature	Date

*Our athletic programs subscribe to the Pursuing Victory with Honor Arizona Sports Summit Accord. "Pursuing Victory with Honor" and the "Six Pillars of Character" are service marks of the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics. Reproduced with Permission by the CIF.

Appendix B – CNUSD PE Exemption Form

Corona-Norco Unified School District

CORONA-NORCO UNIFIED SCHOOL DISTRICT REQUEST FOR PHYSICAL EDUCATION EXEMPTION FOR PARTICIPATION IN INTERSCHOLASTIC ATHLETICS

Name	Student ID	School	
am reques	sting an Exemption for Physical Education for t	heFall/Spring	semeste
of the	school year because I have participal		
	ool Year	Sport/Activity	
understand	that:		
C	must remain in the sport listed above for the entire sea coach and finish the season in good standing. must select either the fall or spring semester for an exesport. am only eligible for one exemption per calendar school The number of credits I need to graduate are NOT reduct will NOT receive any credit for physical education for prequirement will be satisfied during the semester of partitions are quest an exemption prior to the beginning of the years or at the end of the semester. The exemption will be granted only at the end of the semester.	mption for physical education if I participy year. ed. I must still earn 220 credits. articipating in interscholastic sports, but cipation in the sport. e semester. I cannot request an exempt	pate in a winter the P.E.
	Student Signature		
Athletics" and	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all o		
thletics" and	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all o	Physical Education for participation in In	
Athletics" and	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all o	Physical Education for participation in In	
thletics" and its exemption	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all o	Physical Education for participation in In the requirements as outlined above in the requirements.	
o be compted the above r	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all or on. Parent Signature pleted at the end of the season: named student has completed all the requirements	Physical Education for participation in In the requirements as outlined above in the requirements as outlined as outlined above in the requirements as outlined as outlined above in the requirements as outlined	order to receive
thletics" and its exemption of the company of the company of the above r	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all or on. Parent Signature pleted at the end of the season:	Physical Education for participation in In the requirements as outlined above in the requirements as outlined as outlined above in the requirements as outlined as outlined above in the requirements as outlined	order to receive
thletics" and a second of the company of the company of the above results.	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all or on. Parent Signature pleted at the end of the season: named student has completed all the requirements ed on the team for the entire year in good standing	Physical Education for participation in Information to the requirements as outlined above in the requirements are requirements.	ctivity
thletics" and a second of the company of the company of the above results.	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all or on. Parent Signature pleted at the end of the season: named student has completed all the requirements	Physical Education for participation in In the requirements as outlined above in the requirements as outlined as outlined above in the requirements as outlined as outlined above in the requirements as outlined	ctivity
Athletics" and his exemption of the company of the company of the above r	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all or on. Parent Signature pleted at the end of the season: named student has completed all the requirements ed on the team for the entire year in good standing	Physical Education for participation in Information to the requirements as outlined above in the requirements are requirements.	ctivity
Athletics" and his exemption of the company of the company of the above r	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all or on. Parent Signature pleted at the end of the season: named student has completed all the requirements ed on the team for the entire year in good standing Coach Signature	Physical Education for participation in Information to the requirements as outlined above in the requirements are requirements.	ctivity
Athletics" and this exemption this exemption the company of the company of the above r	my son's/daughter's "Request for Credit Exemption for d understand that my son/daughter must complete all or on. Parent Signature pleted at the end of the season: named student has completed all the requirements ed on the team for the entire year in good standing Coach Signature Counselor Signature	Physical Education for participation in Information to the requirements as outlined above in the requirement	ctivity

Revised 8/13

Appendix C – AB 1266 Information

GUIDELINES FOR GENDER IDENTITY PARTICIPATION

GENDER IDENTITY PARTICIPATION - All students should have the opportunity to participate in CIF activities in a manner that is consistent with their gender identity, irrespective of the gender listed on a student's records. The student and/or the student's school may seek review of the student's eligibility for participation in interscholastic athletics in a gender that does not match the gender assigned to him or her at birth, via the following procedure below should either the student or the school have questions or need guidance in making the determination.

Once the student has been granted eligibility to participate in interscholastic athletics consistent with his/her gender identity, the eligibility is granted for the duration of the student's participation and does not need to be renewed every sports season or school year. All discussion and documentation will be kept confidential, and the proceedings will be sealed unless the student and family make a specific request.

- 1. **NOTICE TO THE SCHOOL**: The student and/or parents shall contact the school administrator or athletic director indicating that the student has a consistent gender identity different than the gender listed on the student's school registration records, and that the student desires to participate in activities in a manner consistent with his/her gender identity.
- NOTICE TO THE CIF: The school administrator shall contact the CIF office, which will assign a facilitator who will as sist the school and student in preparation and completion of the CIF Gender Identity eligibility appeal process.
- 3. **FIRST LEVEL OF APPEAL**: The student will be scheduled for an appeal hearing before an eligibility committee specifically established to hear gender identity appeals. The CIF shall schedule a hearing as expeditiously as possible, but in no case later than five (5) school business days of that member school prior to the first full interscholastic contest that is the subject of the petition, or within a reasonable time thereafter in cases of emergency, including, but not limited to, any unforeseeable late student enrollment. The Gender Identity Eligibility Committee will be comprised of a minimum of three of the following persons one of whom must be from the physician or mental health profession category:
 - A. Physician with experience in gender identity health care and the World Professional Association for Transgender Health (WPATH) Standards of Care.
 - B. Psychiatrist, psychologist or licensed mental health professional familiar with the World Professional Association for Transgender Health (WPATH) Standards of Care.
 - C.. School administrator from a non-appealing school
 - D. CIF staff member
 - E. Advocate familiar with Gender Identity and Expression issues
- 4. **DOCUMENTATION**: The appealing student should provide the Eligibility Committee with the following documentation and information:
 - A. Current transcript and school registration information
 - B. Documentation of student's consistent gender identification (e.g., affirmed written statements from student and/or parent/guardian and /or health care provider)
 - C. Any other pertinent documentation or information
- 5. **SECOND LEVEL OF APPEAL**: An aggrieved student wishing to appeal the Gender Identity Eligibility Committee decision shall file notice of appeal with the Executive Director of the CIF on or before the tenth (10th) school business day following the date of receipt of the written decision of the Gender Identity Eligibility Committee denying the pettion. An appeal to the CIF Executive Director shall require the Executive Director to schedule a hearing to commence on or before the tenth (10th) school business day following the date of receipt of the written notice of appeal. Written notice of the time and place of the hearing shall be delivered to the petitioned appellant in person or by certified mail, with return receipt requested, no later than five (5) school business days of that member school prior to the date of the hearing. When there is confirmation of a student's consistent gender identity, the eligibility committee/CIF Executive Director will affirm the student's eligibility to participate in CIF activities consistent with the student's gender identification. The CIF will facilitate the provision of resources and training for a member school seeking assistance regarding gender identity.

For Additional information on Gender Identity, refer to APPENDIX (located on following page)



APPENDIX – GENDER IDENTITY

DEFINITIONS:

For the purposes of this policy, the following definitions apply:

- 1. **Transgender Person**: A person whose gender identity does not match the sex assigned to him or her at birth. This cross gender identification is often referred to as gender dysphoria. When the gender dysphoria causes clinically significant distress or impairment, it is sometimes classified as Gender Identity Disorder. A transgender person who is born female-bodied but identifies as male is referred to as a transgender man or a female-to-male transsexual. A transgender person who is born male-bodied but identifies as female is referred to as a transgender woman or a male-to-female transsexual.
- 2. **Intersex Person**: "Intersex" is a general term used to indicate a person born with a reproductive or sexual anatomy and/ or chromosome pattern that doesn't seem to fit the typical definitions of female or male. This may be the result of several different medical conditions involving chromosomal variations, hormonal variations, ambiguous genitalia, and/or an anatomy that includes both male and female characteristics. The medical term for this condition is a Disorder of Sexual Development of "DSD." "Intersex" is not the same as "transgender," although some people identify as both intersex and transgender. However, the two groups may face similar situations in needing to change gender designations for the purposes of participation in school activities.
- 3. **Gender Identity**: A person's deeply-felt internal sense of being male or female.
- 4. **Gender Expression**: A person's external characteristics and behaviors that are socially defined as either masculine or feminine, such as dress, mannerisms, speech patterns and social interactions.

CORE VALUES:

The CIF Gender Identity policy has been developed based on the following core values:

- Acknowledging that the CIF policy will likely need to be reviewed and revised to reflect increased medical understanding and evolving societal norms
- Grounding a policy in sound medical practice
- Enacting a policy that will maximize flexibility and privacy with minimal restrictions
- Providing a space for intersex and transgender students to exist and thrive
- Reducing bullying and harassment of students
- · Preserving existing practices regarding girls' participation on boys' teams as per current CIF policy.
- Recognizing the value of education based athletics for all students
- Emphasizing that participation in education based athletics is not just allowed, but encouraged for all students
- · Adhering to California state and federal law regarding gender equity and educational opportunity
- · Operating from the presumption that all students will have access to programs and eligibility policies
- Creating a level playing field for all students
- Reducing economic barriers, especially for minority populations
- · Addressing the concerns of parents, teachers and coaches through an educational component

